

Swimming Victoria Proficiency Entry Form

Male/ Female

(please delete irrelevant gender)

Club		Total number of Entries				Total Amount @ \$4.50 per entry \$							
Club Contact		Contact Ph.											
Contact Mailing Address:						State:		Postcode:					
Full Name	Bronze		Bronze Star		Silver		Silver Star		Gold		Bar to Gold		No. of Awards
Total													

Place an 'X' in the left column of the awards being applied for by each athlete.

NB - The Bar to Gold award can only be swum as a separate application and cannot be combined with other awards at the one meet

DO NOT Send payment. You will receive an invoice from SV for the amount of entries

OFFICE USE ONLY

Application Correct: _____ Referee: _____

Total

- | | | | | | | | | |
|--------------------------|-----------------------------------|--|---------------------------------|--------------------|------------------------------|------------------------------|------------------|-------------------------|
| BREAST: | BR | (1) Excess strokes | (2) Knee low | (3) Foot low | (4) Non Simultaneous Touch | (5) Dolphin Kick | (6) Scissor kick | (7) Feet not turned out |
| BACK: | BK | (1) Turned off back at finish | (2) Pushed off on front at turn | (3) Incorrect turn | (4) Exceeded 15m under water | | | |
| FLY: | FLY | (1) Alternating kick | (2) Arms not clearing water | (3) Uneven arms | (4) Non Simultaneous Touch | (5) Exceeded 15m Under Water | | |
| FREE: | FR | (1) Fail to touch | (2) Exceeded 15m under water | | | | | |
| DNS: Did not swim | DNAT: Did not achieve time | SBSS: Start Before Start Signal | | | | | | |