

## Central Division Interclub Program

### 5th Program

14<sup>th</sup> February 2010

WANGARATTA

12:30 pm Start

Event No	Water Depth at Shallow End is :		Stroke	Distance
	Boys	Girls		
1 Mixed		13 - 15 yrs	IM	200 m
2 Mixed		16 yrs and over	IM	200 m
3	4	All Age 10 & Und	Freestyle	100 m
5	6	All Age 11 - 14 yrs	Freestyle	100 m
7	8	All Age 15 yrs & Over	Freestyle	100 m
9 Mixed		Swimming With Disability	Breaststroke	50 m
10	11	All Age 10 & Und	Breaststroke	50 m
12	13	All Age 11 - 14 yrs	Breaststroke	50 m
14	15	All Age 15 yrs & Over	Breaststroke	50 m
16	17	All Age 10 & Und	Backstroke	50 m
18	19	All Age 11 - 14 yrs	Backstroke	50 m
20	21	All Age 15 yrs & Over	Backstroke	50 m
22 Mixed		Swimming With Disability	Backstroke	50 m
23	24	All Age 10 & Und	Backstroke	100 m
25	26	All Age 11 - 14 yrs	Backstroke	100 m
27	28	All Age 15 yrs & Over	Backstroke	100 m
29 Mixed		13 -15 years	Freestyle	400 m
30 Mixed		16 yrs and over	Freestyle	400 m
31 Mixed		Swimming With Disability	Freestyle	50 m
32	33	All Age 10 & Und	Freestyle	50 m
34	35	All Age 11 - 14 yrs	Freestyle	50 m
36	37	All Age 15 yrs & Over	Freestyle	50 m
38	39	All Age 10 & Und	Butterfly	50 m
40	41	All Age 11 - 14 yrs	Butterfly	50 m
42	43	All Age 15 yrs & Over	Butterfly	50 m
44 Mixed		Swimming With Disability	Butterfly	50 m
45	46	All Age 10 & Und	Butterfly	100 m
47	48	All Age 11 - 14 yrs	Butterfly	100 m
49	50	All Age 15 yrs & Over	Butterfly	100 m
51 Mixed		8 yrs & Under Mixed	Free / Back Relay	4 x 50
52	53	10 yrs & Under	Medley Relay	4 x 50
54	55	12 yrs & Under	Medley Relay	4 x 50
56	57	16 yrs & Under	Medley Relay	4 x 50
58	59	14 yrs & Under	Medley Relay	4 x 50
60	61	17 yrs & Over	Freestyle Relay	4 x 50
62 Mixed		Open Mixed	Freestyle Relay	8 x 50

All entries to be by Team Manager and emailed to [entries@oandmdistrictswimming.org.au](mailto:entries@oandmdistrictswimming.org.au) by 1.00 pm on the Saturday.

- When selecting swimmers for Interclub events ENSURE that age restrictions on these events are followed.