

Cootamundra Swimming & Lifesaving Club Inc.

INVITATIONAL CARNIVAL

Sunday 29th November 2009

Medals for 1st, 2nd & 3rd place getters in the following age groups 10 years & under, 11yrs/12yrs, 13/14yrs, 15yrs & over in each event. Participation ribbons for all 25m swimmers.

Program of Events

Electronic Timing.

Warm up: 8 AM Start: 9 AM

1	M	ALL AGE 200 FREESTYLE
2	W	ALL AGE 200 FREESTYLE
3	M	ALL AGE 50 BUTTERFLY
4	W	ALL AGE 50 BUTTERFLY
5	M	ALL AGE 100 BACKSTROKE
6	W	ALL AGE 100 BACKSTROKE
7	M	ALL AGE 200 BREASTROKE
8	W	ALL AGE 200 BREASTROKE
9	M	ALL AGE 50 FREESTYLE
10	W	ALL AGE 50 FREESTYLE
11	M	ALL AGE 100 BUTTERFLY
12	W	ALL AGE 100 BUTTERFLY
13	M	ALL AGE 50 BACKSTROKE
14	W	ALL AGE 50 BACKSTROKE
15	M	ALL AGE 100 FREESTYLE
16	W	ALL AGE 100 FREESTYLE
17	M	ALL AGE 200 BACKSTROKE
18	W	ALL AGE 200 BACKSTROKE
19	M	ALL AGE 50 BREASTROKE
20	W	ALL AGE 50 BREASTROKE
21	M	ALL AGE IND.MEDLEY
22	W	ALL AGE IND.MEDLEY
23	M	ALL AGE 100 BREASTROKE
24	W	ALL AGE 100 BREASTROKE

Conditions.

1. Age as at 29th November 2009.
2. Entries close Friday 22nd November 2009
3. E Entries close 9pm on Sunday 23rd November 2009
4. Entry fee \$4.00per event, Entries on NSW swimming multiple entry cards or similar with summary sheet to: Meet Director, Cootamundra Swimming and Lifesaving Club PO Box 187 Cootamundra NSW 2590.
5. 25m Free and Back Events will be held at lunch time these events are **FREE** entry. Entries taken on the day.
6. **Medals for 1st, 2nd & 3rd place getters in the following age groups 10 years & under, 11yrs/12yrs, 13/14yrs, 15yrs & over in each event. Participation ribbons for all 25m swimmers.**
7. Swimmers competing in the 25m events may **only** swim in 25 events at the meet.
8. The meet Director reserves the right to alter the program.
9. Starting over the top at the Meet Directors discretion. This meet will be conducted under the **one start rule**.
10. Normal pool entry will apply.
11. Enquiries and entry information to the Meet Director Anne Gammon on (02) 69422756, Email jgammon@bigpond.net.au
12. Please leave the pool by the sides.
13. The Cootamundra Club would appreciate any help from visiting teams in the running of the carnival especially timekeepers.
14. E Entries available please email Sue Parkinson on sue.parkinson@optusnet.com.au for a meet shell.