

Wodonga Encouragement Indoor Swim Meet

14th ANNUAL

Proposed Qualifying Meet - Sunday 1st November 2009
Venue: 25m heated pool, Wodonga Sports & Leisure Centre,
 Hedgerow Court, Wodonga, Vic.

SPONSORED BY WODONGA SPORTS & LEISURE CENTRE

Starting Time 11 am		S.A.T. TIMING		Warm Up 10am
GIRLS	BOYS	AGE	DISTANCE	STROKE
1	2	OPEN	200M	NOMINATED STROKE
3	4	35& OVER	50M	FREESTYLE
5	(MIXED)	SWD	50M	BACKSTROKE
6	(MIXED)	7& UNDER	25M	BACKSTROKE
7	8	8 YEARS	25M	BACKSTROKE
9	10	9/10 YRS	50M	BACKSTROKE
11	12	11/12 YRS	100M	BACKSTROKE
13	14	13/14 YRS	100M	BACKSTROKE
15	16	15& OVER	100M	BACKSTROKE
17	18	35& OVER	50M	BACKSTROKE
19	(MIXED)	SWD	50M	BREASTROKE
20	21	8& UNDER	25M	BREASTROKE
22	23	9/10 YRS	50M	BREASTROKE
24	25	11/12 YRS	100M	BREASTROKE
26	27	13/14 YRS	100M	BREASTROKE
28	29	15& OVER	100M	BREASTROKE
30	31	12& UNDER	100M	IND. MEDLEY
32	33	13/14 YRS	200M	IND. MEDLEY
34	35	15& OVER	200M	IND. MEDLEY
36	37	35& OVER	50M	BREASTROKE
38	39	8& UNDER	2 X 25M	PAIRS FREESTYLE RELAY
40	41	10& UNDER	2 X 25M	PAIRS FREESTYLE RELAY
42	43	12& UNDER	2 X 50M	PAIRS FREESTYLE RELAY
44	45	14& UNDER	2 X 50M	PAIRS FREESTYLE RELAY
46	47	15& OVER	2 X 50M	PAIRS FREESTYLE RELAY
48	(MIXED)	SWD	50M	BUTTERFLY
49	50	35& OVER	25M	BUTTERFLY
51	52	8& UNDER	25M	BUTTERFLY
53	54	9/10 YRS	25M	BUTTERFLY
55	56	11/12 YRS	50M	BUTTERFLY
57	58	13/14 YRS	100M	BUTTERFLY
59	60	15& OVER	100M	BUTTERFLY
61	(MIXED)	SWD	50M	FREESTYLE
62	(MIXED)	7& UNDER	25M	FREESTYLE
63	64	8 YEARS	25M	FREESTYLE
65	66	9/10 YRS	50M	FREESTYLE
67	68	11/12 YRS	100M	FREESTYLE
69	70	13/14 YRS	100M	FREESTYLE
71	72	15& OVER	100M	FREESTYLE
73		OPEN	3 X 25M	FAMILY RELAY

Conditions of Entry:

1. Entries close last mail Monday 19th October, 2009.
Late entries will not be accepted.
2. Please note that entries will not be processed until payment is received.
CLUBS ONLY - Electronic TM or MM Entries preferred.
Email to: Rachael Howard
rachael.howard@ymca.org.au

TM/MM Zip file available at:
www.oandmdistrictswimming.org.au
3. All non-electronic details on Swim Vic entry card.
Individual entries to Entry Secretary, PO Box 1188 WODONGA VIC 3689
4. **ENQUIRIES:** Andrea Sinclair
nasinclair@bigpond.com
5. Entry fee: \$4.00 per event.
Cheques made payable to: Wodonga Amateur Swimming Club Inc.
(NO CREDIT CARDS PLEASE)
6. Age as at 1st November 2009.
7. Relay entries to be on ONE participant's entry card and name all swimmers.
8. SWD events open to swimmers with a disability only.
9. **Swimmers do not have to be registered.**
10. Meet to be conducted under the rules of Swimming Australia Inc and Swimming Victoria Inc.
11. One start rule will apply.
12. Events may be combined into one heat if insufficient entries.
13. Medals awarded to 1st, 2nd & 3rd places in each Event, **EXCEPT relays where ribbons will be awarded & events 1 & 2.**
14. Competitors aged 8 years and under will receive a Ribbon for placing 1st, 2nd and 3rd in their **heats**. Medals will still be awarded in these Events for 1st, 2nd and 3rd overall places.
15. Pool entry fees apply.
16. Swimmers can only enter events in their designated age groups.
17. Water Pool depths 1.1 & 1.5 Metre. In water start at the shallow end of the Pool.