

2011 Victorian 7-10 Country Competition Information Booklet



Melbourne Sports and Aquatic Centre (MSAC)

Saturday 12 November | 10:00am & 1:30pm

The information in this booklet is correct at the time of publishing. Any updates / amendments to this booklet will be posted on the SV website in the same location this booklet can be found.

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SECTION ONE: General Information

1.1 Swimming Victoria Event Staff

NAME	TITLE	EMAIL
Simone Hutson	Events Coordinator	simone.hutson@vic.swimming.org.au
Heather Towers	Events Officer	heather.towers@vic.swimming.org.au

1.2 Swimming Victoria Event Calendar 2011/2012

DATE	EVENT	LOCATION
September		
Sat 10 – Sun 11	2011 Victorian Open SC Championships	MSAC Indoor Pool
October		
Sat 15 – Sun 16	2011 Victorian Open Water Championships	Hazelwood Pondage
November		
Sat 5 – Sun 6	2011 Long Course Distance Competition	MSAC Outdoor Pool
Sat 12	2011 Victorian 7 – 10 Country Competition	MSAC Indoor Pool
Sun 13	2011 Victorian 7 – 10 Metro Competition	MSAC Indoor Pool
Sat 26 – Sun 27	2011 Victorian Qualifying Meet (week 1)	MSAC Outdoor Pool
December		
Sat 3 – Sun 4	2011 Victorian Qualifying Meet (week 2)	MSAC Outdoor Pool
Sat 17 – Thurs 22	2012 Victorian Age Championships	MSAC Outdoor Pool
January		
Fri 13 – Sun 15	2012 Victorian Open Championships	MSAC Outdoor Pool
Sat 21 – Mon 23	2012 Victorian Country Championships	Bendigo Aquatic Centre
February		
Sat 11 – Sun 12	2012 Victorian Sprint Meet	MSAC Outdoor Pool
Sat 26	2012 Victorian Country Interdistrict	MSAC Outdoor Pool
March		
Sat 17 – Sun 18 (TBC)	2012 All Junior Competition	MSAC Indoor Pool
Sat 24 – Sun 25 (TBC)	2012 All Junior Competition	MSAC Indoor Pool
Sat 31 – Sun 1 April (TBC)	2012 All Junior Competition	MSAC Indoor Pool

SECTION TWO: Event Information

2.1 Event Details

The 2011 Victorian 7-10 Country Competition will be held at the Melbourne Sports and Aquatic Centre, Indoor Pool on Saturday 12 November.

2.2 Program of Events

The 2011 Victorian 7-10 Country Competition will consist of 42 events over 2 sessions

The detailed Program of Events is included in *Appendix A – Event Listing*

2.2.1 Warm Up and Competition Times

Session	Warm Up Times	Competition Starts
1. Sat 12 November	9:00am	10:00am
2. Sat 12 November	12:30pm	1:30pm

2.2.2 Marshalling

Competitors must marshal three events ahead of their event. Please enter the marshalling room via the rear door only.

2.3 Entry Process

Entries for the 2011 Victorian 7-10 Country Competition will open on 9 September 2011. **Entries will close at 5.00pm on Monday 31 October 2011.**

2.3.1 Entry Guidelines

For individual events, competitors may be entered in their own age group or above; maximum of six entries per district, per event. Swimmers are restricted to a maximum of six swims, including relays. For relays, competitors may be entered in their own group or above, but not in both. There can only be one relay team entry per event, per district. Competitors are limited to competing in one medley relay and one freestyle relay.

Age as at Saturday 12 November 2011. Competitors under seven years of age are **not** eligible to enter.

Entry is via district only.

All entries must be lodged via the 2011 Meet Manager (MM) or Team Manager (TM) entry file found on the Swimming Victoria website. Please ensure that all swimmers are in the correct events and age groups. Once entries have been lodged, substitutes will not be permitted for withdrawals.

Entries are to be emailed to heather.towers@vic.swimming.org.au, late entries will **not** be accepted under any circumstances. In the email, please also provide details of Team Managers (2) and the address of where you would like the Team Manager passes to be sent.

Please ensure your district uses the correct team name and abbreviation on the MM & TM files, as listed below:

Team Name	Abbreviation
Sunraysia	D10
Geelong District	D11
Wimmera	D12
Far Western	D13
North Central	D14
Central	D15
Midlands	D16
Western	D17
Goulburn Valley	D19
Ovens & Murray	D20
Gippsland	D21
Hume Upper Goulburn	D22

Further enquiries relating to entries should be directed to Heather Towers on heather.towers@vic.swimming.org.au or 9686 5222.

2.3.2 Entry Fees

\$5.00 per individual event (payable by the District).

\$10.00 per relay event (payable by the District)

Swimming Victoria will invoice the District the total amount for all entries. Do not lodge any payment until the District is invoiced by SV.

2.4 By-Laws

[Swimming Victoria By-Laws](#) apply. A copy of the By-Laws can be obtained from the SV website. These By-Laws stipulate that refunds are not provided unless an entry is rejected. Refunds are not provided for any other reason; including medical grounds.

If less than 4 entries are received for any event that event will **not** be conducted.

2.5 Withdrawals

A legitimate illness is the only reason accepted for an entry for an emergency competitor. The name of the emergency and withdrawal with the event number must be presented by the District Secretary or Team Manager to the Meet Director before the commencement of the program. Please do not forward names for possible emergencies with the original entry file.

2.6 Ticketing

Tickets are only available to purchase at the door. Prices per session are as follows:

Swimmers	Free
Adults	\$8.00
Child	\$5.00 (5-17 years)
Concession	\$5.00 (any valid concession card)
Coaches	Admitted free upon presentation of a 2011/12 ascta membership

2.7 Access

There will be only one entry point to the venue: via the main MSAC foyer, ground level, located off Aughtie Drive. There will be no access to the Competition Pool via Level 2 of the Outdoor Pool Complex.

2.8 Travel to MSAC

Public transport and car pooling is recommended for participants and spectators involved in the meet. There will be no event parking permitted in the MSAC Multi-Deck or Southern car parks. This will be manned by security personnel. To avoid long delays, please do not attempt to park in the Multi-Deck or Southern car parks at MSAC. If required, paid parking is available in the lakeside car park which is located off Aughtie Drive. For further information please visit the MSAC website www.msac.com.au.

2.9 Warm Up Procedures

- Please follow signage when conducting warm up
- Initial warm up with no dive entries. Feet first entry into water only.
- Swimmers must swim in a clockwise direction. Swimming in an anti-clockwise direction will not be tolerated.
- Sprint warm ups are to be conducted in lanes 0 and 9 only (under coaching supervision) and are walk-back lanes. Turns are not to be practised in sprint lanes.
- If timing pads are installed, swimmers must not touch, grab or climb over them.
- Warm-up ceases 10 minutes before starting time. The countdown will be 10 minutes, 5 minutes, 2 minutes, 1 minute. It is the responsibility of each coach to ensure their swimmers are aware of the warm up termination time frame.

2.10 Programs

Event programs will be available to download from the Swimming Victoria website from Wednesday 2nd November.

2.11 Timekeepers

In addition to the ongoing support provided by our Swimming Victoria officials, the smooth running of this meet is also reliant on volunteer timekeepers. Districts are required to supply three timekeepers. Districts are encouraged to identify parents or friends who can assist with timekeeping duties for this meet. On the competition days, all timekeepers should report to the timekeepers' desk situated on pool deck near the AOE Room. Three free entry passes will be distributed per lane at the conclusion of each session.

2.12 Awards

The following awards will be distributed:

- Individuals: the fastest three swimmers will receive 1st, 2nd & 3rd badges, the next seven swimmers to receive finalist flashes.
- Relays: members of the fastest three teams will receive 1st, 2nd & 3rd badges, the next seven team's members to receive finalist flashes.

Awards can be collected from the Sport Information Desk.

2.13 Toilets and Change Rooms

Public toilets are located at the back of the indoor pool grandstand. Athlete toilets and change room facilities are located adjacent to the indoor pool concourse area, access via the rear corridor.

2.14 Pool Deck Guidelines

The Swimming Victoria and ascta Pool Deck Guidelines restrict unauthorised access on to pool deck at all times throughout this meet. Only coaches who have been issued with a current pool deck pass will be permitted on pool deck.

2.15 Lost Property

All participants and spectators are encouraged to bring minimal personal items to the event. Any essential items that must be brought along to the venue should be clearly labelled with a swimmers name and/or club. Any lost property that is found should be handed to MSAC Customer Service. MSAC staff will do a thorough sweep through of the venue after each session.

SECTION 3: Appendices

Appendix A Event Listing

Session 1 – Saturday 12 November at 10:00am (warm up from 9:00am)

Event No.	Gender	Age Group	Distance	Stroke
1	Girls	10 Years	50m	Butterfly
2	Boys	10 years	50m	Butterfly
3	Girls	9 years	50m	Butterfly
4	Boys	9 years	50m	Butterfly
5	Girls	7/8 years	50m	Butterfly
6	Boys	7/8 years	50m	Butterfly
7	Girls	10 years	50m	Backstroke
8	Boys	10 years	50m	Backstroke
9	Girls	9 years	50m	Backstroke
10	Boys	9 years	50m	Backstroke
11	Girls	8 years	50m	Backstroke
12	Boys	8 years	50m	Backstroke
13	Girls	7 years	50m	Backstroke
14	Boys	7 years	50m	Backstroke
15	Girls	10/under	4x50m	Freestyle Relay
16	Boys	10/under	4x50m	Freestyle Relay
17	Girls	9/under	4x50m	Freestyle Relay
18	Boys	9/under	4x50m	Freestyle Relay
19	Girls	8/under	4x50m	Freestyle Relay
20	Boys	8/under	4x50m	Freestyle Relay
21	Mixed	7 years	4x50m	Freestyle Relay

Session 2 – Saturday 12 November at 1:30pm (warm up from 12:30pm)

Event No.	Gender	Age Group	Distance	Stroke
22	Girls	10 years	50m	Breaststroke
23	Boys	10 years	50m	Breaststroke
24	Girls	9 years	50m	Breaststroke
25	Boys	9 years	50m	Breaststroke
26	Girls	8 years	50m	Breaststroke
27	Boys	8 years	50m	Breaststroke
28	Girls	7 years	50m	Breaststroke
29	Boys	7 years	50m	Breaststroke
30	Girls	10 years	50m	Freestyle
31	Boys	10 years	50m	Freestyle
32	Girls	9 years	50m	Freestyle
33	Boys	9 years	50m	Freestyle
34	Girls	8 years	50m	Freestyle
35	Boys	8 years	50m	Freestyle
36	Girls	7 years	50m	Freestyle
37	Boys	7 years	50m	Freestyle
38	Girls	10/under	4x50m	Medley Relay
39	Boys	10/under	4x50m	Medley Relay
40	Girls	9/under	4x50m	Medley Relay
41	Boys	9/under	4x50m	Medley Relay
42	Mixed	7/8 Years	4x50m	Medley Relay