



Conducted under the rules of Swimming Australia Ltd and Swimming Victoria Inc

COVID -19 guidelines should be adhered to by all participants.

Venue is limited to 500 people including officials.

1st Pennant Program - Hosted by the Albury Swim Club

Date of Meet: 8/11/2019 Venue: Lavington Swim Centre

Warm Up: 9:00am Meet Start: 10:00am

M	Event No	F	Age	Distance	Stroke
1	2		All Age	400m	freestyle
3	4		All Age	50m	freestyle
5 Mixed			SWD	50m	freestyle
6	7		All Age	100m	butterfly
8	9		All Age	50m	backstroke
10 Mixed			SWD	50m	backstroke
11	12		All Age	100m	breaststroke
13	14		All Age	200m	backstroke
15	16		All Age	50m	butterfly
17 Mixed			SWD	50m	butterfly
18	19		All Age	100m	freestyle
20	21		All age	200m	IM
22	23		All Age	50m	breaststroke
24 Mixed			SWD	50m	breaststroke
25	26		All Age	100m	backstroke
27	28		All Age	200m	breaststroke
29	30		10/U	4 X 50	Freestyle Relay
31	32		14/U	4 X 50	Freestyle Relay
33	33		Open	4 X 50	Freestyle Relay

- Swimmers may swim in a maximum of 4 individual events of their choice – any combination of strokes/distances – this means you may swim 50m free / 100m free / 200m free in the one day and receive points for each swim
 - You may swim in 2 relays
 - Can coaches /parents /race secretaries please be mindful of what swimmers are capable of swimming
 - Age as at: 1st October 2020 - Age groups for points are:
- | | | | | | | | | | | |
|---------|--------|---------|---------|---------|---------|---------|---------|---------|-------|---------|
| 8/under | 9 year | 10 year | 11 year | 12 year | 13 year | 14 year | 15 year | 16 year | 17-34 | 35/over |
|---------|--------|---------|---------|---------|---------|---------|---------|---------|-------|---------|
- Online Entries only – Entries close Thursday 5/11/20@ 8:00pm
 - Swimmers can contact: entries@omdsa.org.au with any queries

Due to COVID-19 restrictions this event will be self-marshalled, to be administered by Team Managers.

One spectator per family. Free tickets available via Swim Central to comply with our COVID-19 safety plan.

MEET MOBILE: We will endeavour to have Meet Mobile operational for this meet dependent on satisfactory internet access. All users should be aware that Meet Mobile publishes unverified raw data which cannot be relied upon until the official results have been processed and published. Please do not approach officials about perceived errors until you have verified against the official results.