

APPENDIX C - O&M Rules for PENNANT

1. PENNANT MEETS

Ovens and Murray District is divided into three divisions, each running their own individual interclub program. Interclub is normally the first step into competitive swimming. These meets are a lot of fun and all swimmers are encouraged to have a go. There is no entry fee for interclub events.

The age a swimmer is at the first Interclub meet is the age they will swim for the series.

All O & M meets are supervised by referees and many swimmers may initially get disqualified for incorrect stroke, starts, turns and finishes. The referee will speak to the swimmer whilst they are still in the water. This is a valuable learning experience, so don't worry, work on the problem and try again next time. .

Clubs **MUST** present a complete team sheet prior to the completion of the meet in ALL DIVISIONS except Central when Team Manager is used.

CENTRAL DIVISION

2. LODGEMENT OF ENTRIES:

All entries must be sent electronically to the following email address:

oandm@dragnet.com.au

The closing time for entries is 1.00 pm on the Saturday that is the day before the carnival.

3. HOW TO PROCESS ELECTRONIC ENTRIES:

1. Obtain a copy of the zip file for the day you are entering from our website www.oandmdistrictswimming.org.au. Save it to a floppy or folder on your hard drive.
2. Import the file into Team Manager. Go to File - Import - Meet Events and select the location you have saved the file.
3. Go to Meets and check that it is now listed. To enter swimmers select Entries and Entries by Name
4. Select your club abbreviation in the drop down box at the top of the page. You can filter your swimmers by gender; age etc. if this is easier.
5. Now highlight the swimmer's name. All their eligible events will show in the bottom box. Tick the box of the events they wish to enter. If you have previously set up their best times, or already imported other meets, their time will show. If not you will have to enter their best time.
6. To do relay entries return to Meets window and select Entries by Event. Scroll through until you find the event number. Highlight this and click New Relay.
7. When you have finished entering your swimmers, go to the top of the page. Choose the options you want and press Create Report. Print this for your record of entries.

Now you can export your entries. Close the Meets window and return to the main menu. Go to File - Export - Meet Entries. Save this to a floppy or hard drive folder. Email as an attachment to oandm@dragnet.com.au

4. ALL AGE EVENTS.

Events are conducted over 50m, 100m **200m and 400m** in designated strokes at various meets. Clubs are discouraged from entering swimmers in events that they are clearly unable to complete satisfactorily. The Referee may direct that points be deducted where he considers a swimmer incompetent in an event longer than 50m. Swimmers cannot swim in **more than one of 50m, 100m, 200m or 400m** events in the same stroke.

5. INDIVIDUAL EVENTS:

Where a club has a swimmer of the correct age and gender in attendance that swimmer must be used. Where a club can not comply it may use a swimmer from a lower age group.

A swimmer is eligible to compete in only one age group at any meet. (This rule does not apply in relays)

A swimmer may not swim up in age in events shown as "& Over" e.g. "15 years & over".

6. RELAYS:

One team per club may compete in a relay event. Swimmers of the correct age must be used where available.

If a club has insufficient swimmers of the correct age, the club is permitted to enter younger swimmers in an older age group.

This does not preclude any swimmer so used from swimming in another age group for which he is eligible.

A swimmer may not swim up in age in events shown as "& Over" e.g. "15 years & over".

Unisex relays should comprise swimmers of both genders where the club has the swimmers available. Clubs are permitted to use any combination in these events.

Vacant lanes during the relays may be filled by additional teams at the discretion of the referee in charge. **Points will not be allocated for these teams.**

Identification of swimmers:

Wearing of club caps is encouraged to assist officials with identification of swimmers.

Where notified by the referee recorders will deduct points equal to the minimum available for the event for a swimmer who is clearly incompetent in that event.

7. 10 x 50 m Relay:

The rules for this event are as follows.

- Each team shall consist of one male and one female in each of the following categories, 16 years or over, 14 or 15 years, 12 or 13 years, 10 or 11 years and 10 years or younger.
- If a club doesn't have swimmers in a category then the club may borrow a swimmer from another club without penalty or use a younger swimmer.
- Girls may not be substituted for boys or boys for girls.
- Every relay team must have five boys and five girls.
- Only one team from a club is eligible to receive points for the event.
- The rules for relays in Clause 6 apply unless stated otherwise in clause 7.

8. POINTS INFORMATION ON CENTRAL DIVISION

PENNANT POINTS will be allocated as follows:

Place	1st	2nd	3rd	4th	5th	6th	7th	8th
All Age & Individual 50, 100, 200 & 400 Metres & Relays	4	3	2	1	1	1	1	1
BBB's	1	1	1	1	1	1	1	1
10x50 Relay	8	6	4	3	2	1	1	1

The winner of the central division pennant shall be decided on the basis of total points won by each club for the season divided by the total number of swimmers having competed for the club at each pennant meet in that season.