

March 2010

Congratulations to all swimmers who have been selected to represent the Ovens & Murray District Swimming Association at the "James Brophy Memorial Inter-District Sprint Meet" to be held at the **Australian Institute of Sport (AIS) Canberra** Sunday 28 March 2010.

The team will be travelling by bus leaving Wangaratta on **Saturday 27th** at 10.am picking up at the following locations –

10.45am	Wodonga Club rooms.
11.00am	McDonald s on Wagga Road
11.45am	Holbrook (Submarine carpark)

IF YOU ARE LATE – IT'S A LONG LONG WALK!!!!!!!!!!!!

We will leave Canberra on Sunday at approx 4pm. Parents are asked to please ring Steve Rodgers 0421 836 282 or Elaine Hennessey 0419 515 036 before leaving home to pick up from the bus (just in case we are running late or early).

The Coach Line we are using is Wangaratta Coach Lines.

Swimmers will need food and drink for lunch on Saturday, we will be stopping at Gundagai for lunch. Please remember to pack plenty of drinks (especially water) for the weekend.

We will provide a BBQ tea, on Saturday night, breakfast & lunch on Sunday. On the way home on Sunday we will be stop for tea so please make sure swimmers have money for something to eat.

We will be staying at the Carotel Cabin Park on Saturday night – (the contact phone number is 02 62411377). The team will swim at the Australian Institute of Sport (AIS) in Canberra.

If you have an Ovens & Murray Team T Shirt (Green) and Ovens & Murray swim cap please remember to take them with you to Canberra. O & M Caps must be worn in the pool.

The cost is \$50 per person – (for transport, accommodation & food).

Coach: Steve Rodgers
Team Managers: Annetta Amer (Female)
to be confirmed (Male)

The attached permission form needs to be completed and handed to Annetta on the day.